OUR STORY

Upham is a growing collection of pubs with rooms, in the south of England. Each inn celebrates it's own unique character and local community that it serves. We celebrate our idyllic locations and believe we have a responsibility to protect the countryside that surrounds us, for now and future generations.

WECARE

Countrysis

Put

Our carefully considered offering of ever growing products with purpose are highlighted within our list with either a bee or tree symbol.

Celebrating our partnerships with like-minded suppliers in support of our vision (with your help) to become more environmentally friendly and carbon neutral in every choice we make.

Each drink highlighted with a tree symbol indicates a 'sustainable story'.

Each drink highlighted with a bee symbol indicates a serve that will contribute to our charitable partnership with the Bee Friendly Trust supporting their mission to create habitats for pollinators to thrive.

Drinks shown within our dotted boxes showcase our non-alcoholic serves.

NIBBLES

Mixed Italian Olives	4.25
Chilli puffs / Mixed nuts	

SOFTS & MIXERS

Kingsdown sparkling pressés Hand-crafted soft drinks made from natural spring water & the highest quality fruit juices. Choose from apple, orange, rhubarb or elderflower	
Fruit juices Apple, cranberry, pineapple or orange	from 3.60
Double Dutch tonics & mixers Indian tonic, skinny tonic, double lemon, pink grapefruit, ginger beer or ginger ale	
Coca Cola original, diet or zero	from 3.30
Diet Pepsi, Pepsi Max or R Whites Lemonade	from 3.25



BOTTLED BETES & CIDERS

Peroni Gluten Free 500ml Italy (5.1%)	5.30
Sol 330ml Mexico (4.5%)	5.20
Old Mout Cider 500ml (4.5%)	5.85
Camden Hells (4.6%)	
Peroni Nastro Azzuro 300ml (0%)	
Old Mout berries 500ml bottle (0%)	
	• • • • • • • • • • • • • • • • • • • •

DRAUGHT BETR & CIDER

Asahi Super Dry Japan (5%)
Peroni Nastro Azzuro Italy (5.1%)
Grolsch Netherlands (4%)
Guinness Dublin (5.1%)
Meantime Anytime IPA (4.7%)
Pilsner Urquell Czech Republic (4.4%)
Cornish Orchard Gold Cornwall (4.5%)

Please ask for today's selection of Cask Marque accredited real ales & draught ciders - these change all the time to keep the freshest & most suitable range available to you! We are proud to be Cask Marque approved through their independent inspections.

APERITIES & SPRITZ

Aperol Spritz Aperol Italian aperitif, prosecco, soda water & an orange slice	9.95
Beesou Spritz Beesou honey aperitif, prosecco, soda water & pink grapefruit slice	9.75
ightarrow 25p from every Beesou Spritz sold will be donated to the Bee friendly Trust	
Spiced Ginger Spritz Makai spiced rum, ginger beer, soda water & lime slice	8.75
Apple-roll Spritz (0%) Lyre's Italian spritz, Lyre's classico sparkling wine, apple juice & soda with apple slice	7.50
Strawberry & cherry blossom Spritz (0%) Everleaf mountain non alcoholic aperitif, double dutch Indian tonic, with seasonal berries	7.25

OUR SIGNATURE CREATIONS

Beegroni Beesou, Campari, Martini Rosso with a grapefruit peel	9.25
Botanical Smash Bombay sapphire gin, Iemon, St Germain elderflower liqueur, blackcurrant, cranberry & mint	10.50

•	Cherry Bakewell sour (0%) 7.95	
	Lyre's Amaretti, cranberry & cherry purée	

CLASSIC COCKTAILS

Mojito White rum, sugar syrup, lime juice & soda water	10.25
Pornstar Martini Vodka, passion fruit purée & lemon with a shot of prosecco	. 10.75
Old Fashioned Bourbon, Angostura bitters, sugar syrup & water with orange slice	9.95
Espresso Martini Vodka, Kahlua, vanilla & double espresso	9.95
Peach or Passion fruit Bellini Peach or passion fruit purée with prosecco	8.95
Bloody Mary Vodka, tomato juice, Tabasco, Worcestershire sauce, lemon juice & black pepper	9.50
Virgin mojito (0%) Apple juice, elderflower, soda & mint	5.95
Virgin Peach or Passion fruit Belli-no Peach or Passion fruit puree with Lyre's classico sparkling wine	6.50



WHITE

175ml / 250ml / bottle

	lanc de Blanc Le Rouleur, France (11.5%) ibrant wine with fresh citrus & floral aromas	5.25 / 7.15 / 19.95
Р А	inot Grigio Arcole Love Story, Italy (12.%) crisp, clean Pinot Grigio with white flowers & pears on the palate	7.95 / 10.40 / 29.00
С	hablis Joseph Drouhin, France (12.5%) lassic chardonnay with flavours of lemon zest, grapefruit & pear rith a touch of herbaceous notes on the nose	
S	icpoul de Pinet Reserve de la Roquemoliere, France (12.5%) oft, floral white, dry and delicate, exuding acacia, awthorn blossom and citronella	.8.75 / 11.80 / 33.00
С	'erdejo "Embrujo" Bodegas Verum, Spain (12.5%) Organic Spanish white, with hay & fennel flavours rounded out y plums & pears and ending on a refined note of citrus	6.35 / 8.60 / 24.00
	Chardonnay Les Mougeottes, France (13.5%) ibrant lemon & vanilla on the nose with a round, fruity body	7.15 / 9.65 / 27.00
С	auvignon Blanc, Petal & Stem Yealands, New Zealand (13%) lassic Marlborough Sauvignon Blanc, textured and elegant with distinctive mineral finish	9.95 / 13.60 / 38.00
Fi fr	etit Chenin Blanc Ken Forrester, South Africa (13%) resh white from one of South Africa's most respected producers, agrant with quince & pear drop, while green apple grapefruit zap the tongue	



CARAFE SERVES

175ml / 500ml carafe / 1l carafe

Laylo Sauvignon Blanc Loire, France (11.5%) £7.95 / £22.50 / £38.95

Crisp & fruity, with pineapples, green apples & white peach that gives Marlborough Sauvignon run for its money

250ml / 500ml carafe / 1l carafe

Caramel Apple Sangria £9.50 / £19.50 / £36.95

Laylo Sauvignon Blanc, Sapling vodka, Cornish Orchard cider & caramel with an apple slice

FULL & AROMATIC

ROSÉ

175ml / 250ml / bottle

Pretty Gorgeous Rosé France (13%)	 .95
Fruity with some tropical hints and a slightly off dry style	

La Copa de Bobal Rosé Utiel-Requena, Spain (12.5%) 6.35 / 8.60 / 24.00 Beautiful, raspberry-pink, slightly sweet rosé from the Bobal grape, exuding wild strawberry, black cherry and a drop of rosewater

Mirabeau Azure Provence Rosé France (13%)	11.00 / 14.65 / 39.50
A quintessential, dry & elegant pale peach Provence	e rosé

CARAFE SERVES-

175ml / 500ml carafe / 1l carafe

Laylo Luberon Rosé AOP Provence, France (13%) £7.95 / £22.50 / £38.95

A super-pale, dry vegan rosé made in the traditional Provençal style from Grenache, Syrah and Mourvedre grapes. Expect redcurrants, strawberries & long, bracing acidity.

250ml / 500ml carafe / 1l carafe

Rosé & Raspberry Fizz £9.50 / £19.50 / £36.95

Laylo rosé, Sapling vodka, Chambord, lemon juice, sugar syrup, soda & raspberries



RED

Carignan Le Rouleur, France (12%) Full-bodied & fruity, packed with red berry aromas & hint of nutmeg	5.25 / 7.15 / 19.95
Tempranillo "Embrujo" Bodegas, Spain (12.5%) Expressive Spanish red with black fruit & spice	5.50 / 7.25 / 21.00
Pinot Noir Les Mougeottes, France (13%) Clean & precise bouquet with black cherries & raspberry aromas. Medium-bodied with red berry fruits	7.50 / 10.00 / 28.00

Montepulciano d'Abruzzo Abruzzo, Italy (14.5%)	7.95 / 10.75 / 30.00
Classic, plum-filled Montepulciano d'Abruzzo, pleasantly scented with violets, peonies & more plums	
Rioja Crianza Ramón Bilbao, Spain (14%)	
Full of black fruit, plus an intriguing sour note	



CARAFE SERVE

175ml / 500ml carafe / 1l carafe

C Laylo Merlot Languedoc, France (13.5%) £7.95 / £22.50 / £38.95

Medium bodied vegan red, classic French in style with raspberries, blueberries & a hint of coffee, with smooth tannins that taste like liquid velvet.

RED

175ml / 250ml / bottle

Don David Malbec El Esteco, Argentina (14%) Rich & filled with berries, plum jam & chocolate notes with elegant scent of violets, vanilla & smoke on the nose	9.25 / 12.50 /35.00
Coonawarra Shiraz Wynns, Australia (14.5%) Elegant & silky, with generous mulberry and blackberry notes. Delicate oak is used to match	
Nero d' Avola sicily, Italy (13.5%) Aromas of ripe plum, cocoa & wild strawberries with an appealing smo	
Bonterra Cabernet Sauvignon, California (13.5%) Organically produced with flavours of bright cherry & raspberry with notes of toasted oak & vanilla	

DESSERT WINE

Sauternes "Les Garonelles" Lucien Lurton, France (14%)	7.75 / 37.50
Expressive nose with aromas of apricot, super-ripe pineapple & crème brulée, with an elegant & well-balanced long, sweet finish	



125ml / bottle



SPARKLING & CHAMPAGNE	125ml / bottle
NV Prosecco Via Vai, Italy (11%) Delicate, lively Prosecco, fragrant with white flowers & a lime tang on the finish	
Coates & Seely Brut Reserva Hampshire, England (12%) Extremely pretty English sparkling with apple & lemon-curd aromas. Full-bodied with plenty of fruit, a layered texture and a creamy finish	11.50 / 59.00
Coates & Seely Rosé NV Hampshire, England (12%) A beautiful English sparkling rose, with gossamer light construction, pale in colour with scents of rose-hips & strawberry. It's full bodied with plenty of fruit yet not overdone	
Moët Imperial Moët & Chandon, France (12%) A succulent mouthful of pear, peach & a hint of melon preceded by a delightful waft of brioche & citrus fruits	
Moët Rosé Imperial Moët & Chandon, France (12%) Harmonious flavours of wild strawberry, raspberry & cherry with a refreshing stone & citrus fruit finish	
Eins Zwei Zero sparkling rosé (0%)	



GIN

HIGHLIGHTS FROM OUR RANGE

Bombay Sapphire

Distilled at Laverstoke Mill in Hampshire. Bombay first burst onto the scene in the late 80's. By focusing on the botanicals they paved the way for a lot of the craft gins we know today

Hendrick's

A triumph of the unusual – curious, yet marvellous, the infusions of rose & cucumber create the uniquely balanced flavour elevating any cocktail & all occasions

JJ Whitely Pink Gin

Produce with the freshest & juiciest summer berries by the Whitely family – who's love of berry picking together inspired this pink perfection

Bloom Jasmine & Rose

Sugar free premium pink gin, bursting with exquisite floral flavours

Tanqueray

Nearly 200 years ago, Tanqueray was one of the earliest innovators in gin history – thanks to Charles Tanqueray, who founded it in the late 1830's. Today it's hard to find a back bar without the familiar green bottle modelled on a cocktail shaker

Whitley Neil rhubarb & ginger or Sicilian blood orange

From the warming flavours of a rhubarb & ginger crumble to the taste of the Mediterranean sunshine

Mermaid

Inspired by its lead botanical rock samphire, known locally as mermaids kiss this hand crafted gin is made from 10 ethically sourced botanicals designed to free your spirit

Mermaid pink strawberry or zest

from fresh sun-kissed strawberries to coastal rosemary & zesty citrus

Packaged in full recyclable glass bottles, Mermaid seals are made from plant based materials & their stoppers are made from sustainably sourced cork

WORLD MISKESS

HIGHLIGHTS FROM OUR RANGE

Glenfiddich 12 year old Scotch

Meaning 'valley of the deer' in Scottish Gaelic, with a lower abv than the increasingly popular cask strength Scotches – it's the one to drink when you're drinking more than one

Jameson Irish Whiskey

Distilled three times in copper stills for smoothness - not because they have to but because they want to. Good things come in threes according to Jamo"

Talisker Scotch Whisky

The Isle of Skye's only single malt & one that is loved all over the world for its maritime character

BOURBONS & TENESSEE WHISKESS

HIGHLIGHTS FROM OUR RANGE

Woodford Reserve

The worlds most 'flavourful bourbon' with more than 200 delectable flavours (we won't list them all) but we can tell you it's super smooth

Jack Daniel's Old No 7

Charcoal mellowed drop by drop

Maker's Mark

Made from soft winter wheat (instead of the usual rye) for a full flavoured bourbon

Having received B-corp status for championing social & environmental initiatives across the company & industry, Maker's Mark promotes a mission 'make your mark' - 'Leave no trace'



HIGHLIGHTS FROM OUR RANGE

Grey Goose

There for all of life's best moments with an opulent reputation – distilled in Picardy, France with only the finest French ingredients

Sapling Vodka

Tackling climate change through reforestation - planting a tree for every bottle we buy!

 \bigcirc 100% carbon positive British vodka four times distilled using local ingredients to reduce transport emissions

Finlandia

The vodka for vodka lovers, created from golden Finish barley that is softened by the harsh Scandi winters

Mermaid Salt

Created with a pinch of locally sourced sea salt, like the gentle kiss of a mermaid. Distinctive & unique Mermaid salt vodka is a mixologist favourite adding a hint of sea air to their creations

Certified as net zero through off setting their carbon emissions through their work with projects such as the Ocean foundation which is an extensive sea grass growing initiative

RUM

HIGHLIGHTS FROM OUR RANGE

Mount Gay

Originally owned by John Sober, who inherited a small distillery at the top of Mount Gilboa in Barbados in 1703

Makai spiced rum

Inspired by the spirit of Polynesia blended with rich spices where modern meets tradition & ocean meets jungle

Havana Club 3 year old

No stranger to awards this Cuban classic was the first Havana club intended for sipping neat



TEQUILA

HIGHLIGHTS FROM OUR RANGE

El Tequileno Reposada

Three generations after it's foundation, with history, heritage & passion in every drop the family's legacy continues to influence the production of the finest quality sustainable tequilas

98% of El Tequileno's production residuals are converted into organic compost which is then used to fertilize their next generation of Agave

El Rayo No1 Plata

A modern tequila created to mix with tonic water. Move over G&T, the T&T has arrived

AFTER DINNER SIPS

Amaretto sweet Italian liqueur

Courvoisier Cognac

Cockburn's Fine Ruby 20 year old tawny port

LBV Port, Quinta do Crasto, Bella Luna, Portugal

Janneau VS Grand Armagnac

Calvados Boullard



LIQUEUR COFFEE

Jameson	6.95
Brandy	6.95
Scottish Whisky	
Amaretto	6.95
Coffee Liqueur	6.95
Dark rum	

BOOZY HOT DRINKS

6.95



HOT DRINKS

Americano	
Cappuccino	
Espresso single	
Espresso double	
Latte	
Flat white	
Macchiato	
Tea	2.60
Specialist tea	
Mocha	3.50
Hot chocolate	3.50
Add syrup Caramel, hazelnut or vanilla	+50p



Proudly served with Moon Roast small batch coffee, roasted in the heart of rural Hampshire.

SCAN FOR ALLERGENS

Our food and drink is prepared in food areas where cross contamination may occur and our menu descriptions are not guaranteed to include all ingredients. If you have any questions, allergies, or intolerances please let us know before ordering. Substitutions are available to support dietary needs.

